



# RESPITE CARE

for families in need

Sanctuary Care is a community **respite care** service by Boys' Town. We seek to safeguard the welfare of vulnerable infants and children in Singapore by providing respite care, a form of **protection and safe refuge** within a **family-based environment**. Through our services, we provide a support system to **help struggling parents** and **families facing crises** to care for their infants and children.

## A True Story of Crystal and Jayden Respite Care Services for Employment/Financial & Transitional Needs

*\*Names are not real for protection purposes*

Crystal was 35 weeks pregnant and left alone. Leaving her homeless as the father of her baby skipped town. Her parents also refused to take her back home.

As she was residing at a shelter, a social worker from the shelter then referred Crystal to Sanctuary Care. A short-term respite carer, Charmaine, took care of Jayden for a few months while Crystal got her life together, took on extra shifts at work, and prepared for their journey after leaving the shelter.

Charmaine has also acted as a mentor and rock for Crystal, lent an ear to her struggles, worked through solutions with her, guided her on financial management to control her spending and even helped her to keep organised with baby monitoring apps.

Today, Jayden is a chubby little angel and has met all his developmental milestones under Charmaine's care. Soon, Crystal will be living under her own roof with Jayden as her HDB rental application has been approved. Charmaine rescued not one, but two souls. A simple act of taking care of a baby for a few months changed the direction of both their lives forever. And it changed Charmaine, too.

Watch our video here: <https://we.tl/t-jwNHx0ZuMd>



**NOT A REPLACEMENT PARENT,  
BUT A SUPPORT SYSTEM**

sanctuarycare@boystown.org.sg 

6221 0588 / 9177 3112 

www.sanctuarycare.org 